## HMM COLLEGE FOR WOMEN

## **DEPARTMENT OF FOOD AND NUTRITION**

## TENTATIVE PLAN OF ACTION FOR NEW SESSION 2025-26

## (Academic, EXTRA AND CO CURRICULAR)

MONTH	PLAN
JULY 25	ORGANISING AN EXTENSION LECTURE
AUGUST	STARTING OF 1 <sup>st</sup> SEMESTER NEP CLASSES
	STUDENT SEMINAR TO CELEBRATE WORLD BREAST FEEDING WEEK
	ORGANISING A CAREER COUNSELING SESSION For 6 <sup>th</sup> Sem H STUDENTS
SEPTEMBER	NATIONAL NUTRITION MONTH CELEBRATION 2025
	EVENT 1 :- An international blended mode seminar based on some important topic of Nutrition
	Event 2 :- Organizing a food competition for students with NESTLE.
	Event 3 : STUDENT SEMINAR BY 1 <sup>ST</sup> SEM MAJOR AND 3 <sup>RD</sup> SEM MINOR AS A PART OF SEC PROJECT
	Departmental farewell programme and alumni interaction programme with students.
OCTOBER	PUJA VACATION
	SEMINAR TO CELEBRATE WORLD MENTAL HEALTH DAY
	120 HRS INTERNSHIP TRAINING AT HOSPITAL /BIOSKILL ACADEMY BY 6 <sup>TH</sup> SEMESTER STUDENTS
NOVEMBER	WORLD DIABETES DAY CELEBRATIONS WITH A STATE LEVEL SEMINAR AND RALLY PAMPHLATE DISTRIBUTION TO LOCAL PEOPLE
	ORGANISING EXTENSION LECTURES
	ORGANISING FOOD ADULTERATION WORKSHOP FOR 1 ST SEM MAJOR STUDENTS

FOOD INDUSTRY VISIT
ICDS VISIT
HEALTH CENTRE VISIT
SLUM AREA VISIT AND ANTHROPOMETRIC MEASUREMENTS OF THE DWELLER AND NUTRITION EDUCATION
COMMENCEMENT OF THE CLASSES OF $2^{ND}$ $4^{TH}$ and $6^{TH}$ SEM
ORGANISING HEALTH AND NUTRITION CAMP AT COLLEGE PREMISES BY STUDENTS, HEALTH CHECK- UP AND DIET COUNSELING WITH ACTIVE PARTICIPATION OF COMMUNITY PEOPLE AS A PART OF CURRUCULUM.
CAREER COUNSELLING SESSION FOR 6 <sup>TH</sup> SEM STUDENTS.
.Soma Saha.