**ADD ON COURSE & VALUE ADDED COURSE**

|  |  |
| --- | --- |
| **Name of the Course** | **How it would help to our Students** |
| On Stress management | to enable students to develop social support, use effective techniques and coping strategies to manage and handle stressful life experiences. |
| On Undoing Gender Bias Using Psycho-social lens jointly by Psychology and Sociology. | to make students aware of discriminatory behaviour and attitude based on gender and minimize its detrimental impact in the society. |
| Research ethics and implementation of SPSS jointly by Psychology and Sociology | to become responsible researchers by adhering to the ethical principles to be followed while doing research with human or animal subjects (and the use of SPSS software). |