


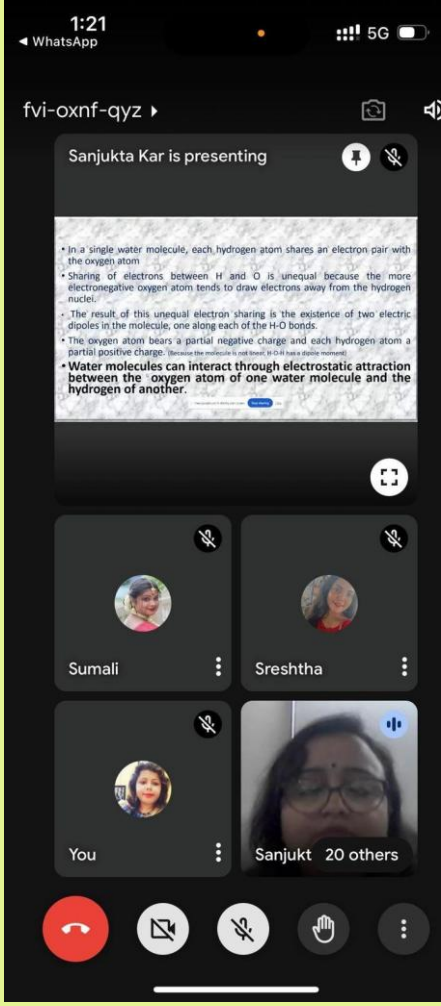
**HIRALAL MAZUMDAR MEMORIAL COLLEGE FOR
WOMEN DAKSHINESWER**



EVENT ALBUM
(FROM 2024 JULY -2025 JUNE)

DEPARTMENT OF FOOD AND NUTRITION




SESSION: JULY 2023-JUNE 2024

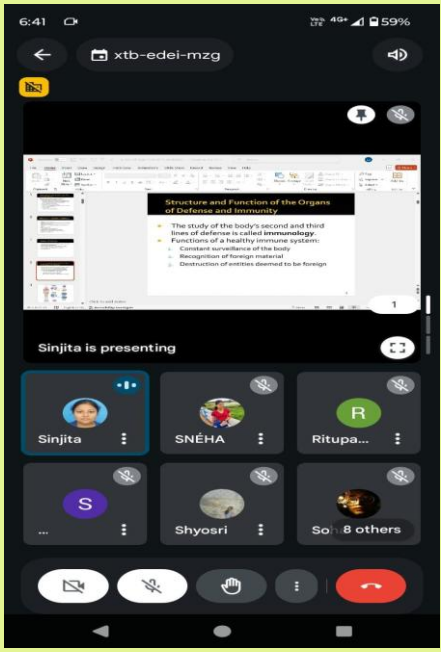
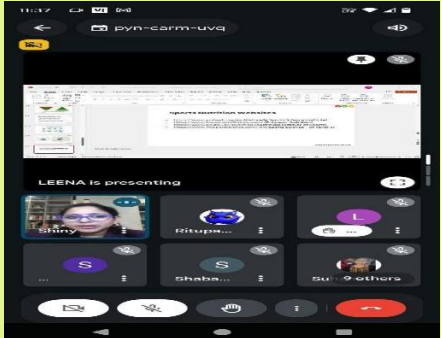
EVENT NAME	DATE	NO. OF PARTICIPANTS	DESCRIPTION
1. STUDENT'S SEMINAR	11.7.2024	12	<p>A one-day student seminar was organized by the Department of Food and Nutrition on 11th July 2024 from 12 PM to 2 PM. Fourth Semester Honours students presented on various topics related to nutrition education through posters, charts, models, and PPTs. A total of 12 students participated. The event was successful and informative.</p> 

<p>2. EXTENSION LECTURES ON WATER CHEMISTRY</p>	<p>30.7.2024</p>	<p>APPROX 42</p>	<p>An online extension lecture on Water Chemistry was organized for 2nd Semester Major students. The session was conducted via Google Meet from 12:30 pm to 1:30 pm by Dr. Sanjukta Kar, Assistant Professor, Amity University. A total of 42 students participated in this informative and interactive session.</p> 
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<p>3.CAREER COUNSELING SESSION FOR 6TH SEM STUDENTS</p>	<p>6.8.2024</p>	<p>Approx 40</p>	<p>Career counselling sessions arranged for 6th sem Department of Food and Nutrition. speaker was Dr Souvik Tewari Assistant Professor Department of Food and Nutrition SVU University.</p> 
<p>4. FREE HEALTH CHECK-UP AND NUTRITION COUNSELLING CAMP FOR COMMUNITY PEOPLE (AN INNOVATIVE DEPARTMENTAL WORK)</p>	<p>7.8.2024</p>	<p>APPROX 70</p>	<p>Department of Food and Nutrition successfully. Conducted a free health checkup and nutrition counselling camp on 7.8.24 from 12 noon where 6th sem Honours students measure height, weight ,BMI ,Blood pressure ,spO2 and diet counselling for the students community people and respected teachers and staff of our college.. its an innovative program run by department of food and nutrition each year.</p> 



<p>5. WORLD BREASTFEEDING WEEK CELEBRATION AND STUDENTS' SEMINAR</p>	<p>2.9.24</p>	<p>12</p>	<div data-bbox="986 194 1396 683" data-label="Image"> </div> <p>World Breast Feeding week is celebrated each year from 1st to 7 th August. But due to running exam our department celebrated this week on 2.9.2024 by organising a student seminar where our 4 th semester students presented their thoughts on different topics of BENEFITS OF BREAST FEEDING .</p> <div data-bbox="986 1189 1414 1646" data-label="Image"> </div>
<p>6. NATIONAL NUTRITION MONTH CELEBRATION 2024</p>	<p>SEPTEMBER 2024</p>	<p>40</p>	<p>EVENT 1 :-The National Nutrition Month celebration 2024 commenced today with an intradepartmental on-ground cooking competition, held in collaboration with Nestle at our departmental lab. The exceptional quality of all dishes</p>





<p>5. Extension lecture on “RECOVERY</p>	<p>2.12.24</p>	<p>23</p>	<p>left the judges impressed. Congratulations are extended to all participants, with the top three dishes receiving awards from Nestle.</p>   <p>EVENT 2 :-National Nutrition Month 2024 Features an intradepartmental Students' Exhibition Highlighting the Importance of Nutrition Education and Poshan bhi, Padhai Bhi.</p>  <p>The Department of Food and Nutrition organized an extension lecture on</p>
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<p>SPECIFIC PORTION OF DIET IN CRITICAL PATIENTS (ICU/ITU)</p>			<p>“RECOVERY SPECIFIC PORTION OF DIET IN CRITICAL PATIENTS (ICU/ITU)”. Dr. Sujita Dutta, Associate Professor, Dept. of Community Medicine, PGIMER, SSKM Hospital, Kolkata, was invited as the resource person. The session was informative and well-received.</p> 
<p>6. EXTENSION LECTURE ON SPORTS NUTRITION</p>	<p>11.12.2024</p>	<p>14</p>	<p>An extension lecture on “Tips for Sports Nutrition” was organized by the Department of Food and Nutrition. Mrs. Shinly Surekha, Consultant Sports and Preventive Health Dietitian, was the resource person. The session was informative and beneficial for the students.</p> 



7. COMMUNITY NUTRITION EDUCATION AND DENGUE AWARENESS CAMP DURING STUDENTS' WEEK	31.12.2024-6.1.2025	20	<p>As part of Students Week held at Hiralal Mazumdar Memorial College for Women (31st December 2024- 6th January 2025), we organised a Dengue Awareness Camp for NSS unit 1 of the college. Under the leadership of NSS PO Dr. Sujata Mukhopadhyay, the NSS volunteers sprayed bleach, kerosene and phenyl in open drains, sewerage pipes and makeshift bathrooms in the adopted slum Nibedita Colony. The students of the Department of Food and Nutrition went on a door-to-door campaign to talk about what food to intake along with their nutritional properties during Dengue.</p>
8. FSSAI FOOD LAB VISIT	3.1.2025	30	<p>On 3 rd Jan 2025 ERO and NFL Kolkata, organized a half-day session for students of Hiralal Mazumdar Memorial College for Women under the #EatRightChamp initiative. Students learned about food safety, explored food testing procedures and witnessed the detection of food adulteration firsthand .</p>



<p>9. BISKFARM INDUSTRY VISIT</p>	<p>7.2.2025</p>	<p>20</p>	 <p>The 5th Semester Honours students of the Department of Food and Nutrition visited Bisk Farm Food Industry on 7th February 2025. The visit provided practical insights into large-scale food production, processing, and quality control. It was an enriching and educational experience for the students.</p>
<p>10. STUDENT SEMINAR ON NUTRITIUN EDUCATION AS A PART OF SEC PROJECT</p>	<p>7.2.2025</p>	<p>15</p>	 <p>A student seminar on Nutrition Education was conducted as part of the SEC project. 3rd Semester Food and Nutrition Minor students participated and presented their work. The session was brief, informative, and successful.</p>

<p>11. MILLETS EXHIBITION SANKALPA DURING THE ONE-DAY NATIONAL SEMINAR</p>	<p>15.2.2025</p>	<p>50</p> <div data-bbox="675 947 936 1216">  </div> <div data-bbox="657 1294 959 1518">  </div>	<div data-bbox="986 192 1412 741">  </div> <p>Students of 1st and 3rd Semester Honours participated in the Nutrimillet Treat Contest, preparing innovative millet-based recipes like Bajra Wrap, Ragi Laddu, Ragi Chaat, and Veg Gold Coin. The event promoted the health benefits of millets. Winners were announced based on creativity and nutrition. The contest was a great success.</p> <div data-bbox="986 1285 1428 1615">  </div> <p>On the occasion of Women's Day 2025, the 6th Semester Honours students of the Department of Food and Nutrition organized a special food stall titled "Nourishing Wellness from Within". The stall featured nutritious recipes like Hibiscus Tea, Tri-Colour Steamed Chicken Momo, Dahi</p>
<p>12. FOOD EXHIBITION TO CELEBRATE INTERNATIONAL WOMEN DAY</p>	<p>8.3.25</p>		

<p>13. 10 DAYS HOSPITAL INTERNSHIP PROGRAMME FOR 6 TH SEM HONOURS STUDENTS 2025</p>	<p>20.2.2025 TO 1.3.2025</p>	<p>15</p>	<p>Vada, and Ragi Sprouts Chaat—each promoting women’s health and well-being. The initiative was well-received and highlighted the importance of nutrition in women’s empowerment.</p>  <p>6th Semester Honours students of the Department of Food & Nutrition began their hospital internship at the Dietetic Department of Park Clinic, Kolkata, under the WBSU curriculum. This hands-on training offers valuable exposure to clinical nutrition, patient care, and therapeutic diet planning, enhancing their academic and professional growth.</p>  <p>The Departments of Chemistry, Botany, Physiology, and Food & Nutrition jointly organized a Collaborative Student Seminar on Analytical Chemistry and Haematology at Mangalalok Seminar Hall. 26 students</p>
<p>14. COLLABORATIVE STUDENT SEMINAR</p>	<p>11.4.25</p>	<p>13</p>	<p></p>

<p>15. HANDS-ON WORKSHOP ON DETECTION OF FOOD ADULTERATION OF COMMON FOOD STAFFS (LADDU, MILK, OIL, TURMERIC POWDER)</p>	<p>9.4.2025</p>	<p>26</p> <p>13</p>	<p>presented on interdisciplinary topics, making the event informative, interactive, and successful.</p>  <p>The Department of Food and Nutrition, Hiralal Mazumdar Memorial College for Women, organized a Hands-on Workshop on the Detection of Common Food Adulterants on 9th April 2025 at 1:00 PM in the Food and Nutrition Lab.</p> <p>The session focused on practical techniques to detect food adulterants and understand their health effects. It was attended by 6th Semester Food and Nutrition Honours students, who actively participated in the interactive and educational session.</p> 
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**16. FOOD
PROCESSING
CENTRE
KAKURGACHI
VISIT**

25.3.2025

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6th Sem Food & Nutrition Honours students visited the Government. Food Processing Centre, Kankurgachi, as part of their **FNTACORO13P curriculum. They gained hands-on training in preparing Green Mango Squash, learning key processing techniques and quality control measures. A great practical experience bridging theory and industry.**



