# News letter of HMM College for Women INFOSCAPE March, 2021, Volume: V

## THE PRINCIPAL'S DESK

- Dr. Soma Ghosh

Dear INFOSCAPE readers, Welcome to the issue no. 6 of the INFOSCAPE Newsletter. This issue is the special edition covering our activities during pandemic. In the current issue, apart from regular institutional co-curricular and extra-curricular activity reports, the Newsletter highlights some special events related to our endeavor to serve our neighboring community, who suffered a lot due to unemployment and insecurity in this traumatic period. I am delighted to report that our teachers, non-teaching staff, our Governing Body president, Mr. Madan Mitra and all the members stood beside our students and helped them to cope up with the challenges of Covid-19 pandemic. The College has formed a special COVID CELL to address the requirements of the students. The College has reduced its fees and

opened up the courses, like Computer Literacy, Communicative English, Yoga and Sports, Self Defense etc. to keep its students enthused and engaged in several co-curricular and extra-curricular activities. Teachers of the College have taken online classes ™regularly, so that teaching

and learning remains alive. Career Counseling programs, NSS and NCC activities have been carried out on a regular mode, so that our students do not feel alienated from their institution. Webinars and other

academic activities have been constantly initiated for exchanging intellectual resources. I would like to congratulate my colleague Dr. Sujata Mukhopadhyay, Assistant Professor in the Department of Journalism and Mass Communication and Programme Officer of NSS Unit for her tireless effort towards publication of this News Letter despite several constraints. I would like to acknowledge the contribution of Dr. Rupa Sen, IQAC Coordinator, Dr. Lipika Mullick, Bursar, Dr. Debasree Ghosh Biswas, Convener, Academic Sub-committee, Dr. P.P. Pradhan, AISHE Nodal Officer and PMU Coordinator, Dr. Dilip Panda, NIRF Nodal Officer, Dr. Prodip Das, Teachers' Council Secretary, Mr. Pradipta Mukherjee, NAAC Coordinator and Convener of Website Organising Committee and Placement Officer, Ms. Sandhya Saren, NCC officer, Mr. Dibakanta Jha, Dr. Sonali Mukherjee, Dr. Amrita Banerjee, Dr. Pritha kundu, Dr. Chandraboli Datta, Dr. Indrajit Biswas, Mr. Mriganka Narayan Das, Mr. Aditya Subah, Mrs., Soma Saha, Dr. Madhumita Mondal, Dr. S. R. Ahmed, Dr. Mahua Sett, Dr. Rajasree Chakroborty for their active initiative and support in several programmes and administrative works. I would also like to thank all the teachers and specially our technical support faculties, Ms. Aatreyi Bhattacharyya, faculty of the department of History and Ms. Puja Das, faculty, department of Computer Science, Mrs. Debi Bhattacharyya, department of Geography, Mrs. Kamalika Das Majumdar, department of Sociology, Mr. Rittick Acharyya, department of Botany, Mr. Pritam Dhara and Mr. Bidhan Baidya, department of Commerce, without whose help and cooperation, the academic and administrative ventures of the college could not remain alive. Our non-teaching colleagues, specially, Head Clerk Mr. Samar k. Das, Accountant, Mr. Prasenjit Das, officiating Cashier, Mr. joydeb Bhattacharyya, dealing personnel in the examination section, Mr. Amit Mondal, other office staff like Mr. Molov Sinha, Mr. Asim, Kr. Sinha, Mrs. Sriparna Chatterjee, Mrs. Priyanka Das and many others have made us feel proud by extending their cooperation in all sorts of administrative support services. I am grateful to all my colleagues and honorable GB members for their timely support and initiative during this challenging

**INFOSCAPE** Newsletter values your contribution and I look forward to your continuous support in the coming issue.

period. I am honored to have received support from

our affiliating university, West Bengal State Univer-

sity and Higher Education Department, Government

of West Bengal, as and when needed.

# COVID-19 STRIKES COLLEGE STANDS BESIDE NIVEDITA COLONY INMATES!

iralal Mazumdar Memorial College for Women Social Outreach unit took little time to respond to the immediate needs of the inmates of adopted slum Nibedita Colony. Most of the families were devastated by the onset of the pandemic. Due to lockdown, and subsequent loss of livelihoods, food and daily necessities was a scarcity. Responding to this, the college Social Outreach cell contacted faculties and mentors of the college for help. From 21st march onwards, Principal Dr. Soma Ghosh was instrumental in sourc-

ing food grains and other daily

necessities. These were distrib-

uted in phases. The teachers and

other members associated with

the college donated 140 kgs of

food grains, 70 kgs of potato with

the help of Joydeb Bhattacharya

and Ashim Kumar Sinha. During

from Ms. Mitali Palodhi and Ibha Bhattacharya. Smt. Shankari Bhowmick, councillor of ward no.14 came forward to help, with Chattu, rice and potatoes. 14th April onwards, the college NSS unit in association with Social Outreach cell again distributed 70 kgs of potatoes, to these distressed souls who were already skipping breakfast to make ends meet. By 2nd May 2020 when the 4th phase of donating foodgrains was taking place, many teachers and eminent personalities joined hands. Dr. Nibedita Pal, Associ-





ate Professor of Sarojini Naidu College came forward, donating 75 kgs of rice, 125 packets of biscuits, 120 packets of muri and 55 kgs of potatoes. Needless to say, we could bring out a little smile the sultry faces!

phase 2, the college received help





# **The Situation**

- Nivedita Colony has been the adopted slum of Hiralal Mazumdar Memorial College for Women since the last few years.
- The people live here under very dismal conditions, with most of them suffering from malnutrition, old age related diseases and the onset of child labour.
- The land under the Bally Bridge belongs to the railways and hence whatever refuge they have is temporary.
- Earlier, our college has tried to conduct different programmes and campaigns for the children and woman of the slum, and today there is a glitter of hope in their eyes, all thanks to NSS Coordinator, WBSU Dr. Pranam Dhar and the able tutelage of Principal Dr. Soma Ghosh, and GB President Sri Madan Mitra.

## In the Wake of the COVID 19

- The Covid 19 has made irreparable damage to our living conditions, with a transformation in the way we eat, live and communicate. The worst victim of this infectious disease have been the inmates of Nivedita Colony, for whom it is very difficult to maintain Social Distancing, as they use the same taps, toilets and vicinity.
- The biggest problem however, is food. There are around 70 families living in the slum, most of whom beg along the streets of Dakshineswar or do flying jobs.
- Hiralal Mazumdar College has tried its best to provide food to these hungry souls.





**Distributing Food grains to Nibedita Colony** 

#### Editor's Column

- Dr. Sujata Mukhopadhyay s a part of this college, I wish and hope that Aall of you are healthy and fit. This pandemic has taken away a lot from us, some have lost family members, some have lost jobs, some have suffered and won against the disease. Our college has taken measures to stand by the needy and hapless people of our adopted slum. Food grains, daily necessities and other items have been supplied off and on to the slum in-

forms have been given. Inspite of many hurdles, the college has tried to continue imparting quality education to the students in online mode. Webinars have been conducted to increase our academic potential. Overall, the covid 19 period has taught us many things. Some good some bad. But we stood united. Hope to meet all our students in fine wealth after this pandemic ends. I thank our principal madam Dr. Soma Ghosh for extending all kinds of help to both the

teacher and student fraternity. Good luck to all!!



## **COVID-19 AWARENESS PROGRAMME IN** COLLEGE

n awareness programme organised HMMCW NSS unit during the onset of the dreaded Corona virus-19 on 14th March 2020. A poster competition was organised among the students, and masks were distributed to the teaching and non-teaching staff.

The NSS volunteers went from class to class raising awareness abput the virus and precautions to follow, like washing of hands for 20 seconds, using hand sanitisers when outside, wearing masks and maintaining social distance while with friends.



# Social Outreach Cell in Association with NSS Distributing Food grains to Nivedita Colony

#### **Phase 1: 21st March 2020**

- We took a lot of pains to procure the food grains during the 1st phase, because the COVID pandemic had just set in and there were associated problems, as markets were mostly closed.
- Dr.Soma Ghosh, Principal, donated 140 kgs of rice, and 70 kgs of potatoes to the inmates with the help of our non-teaching mission staff **Sri Ashim Kumar Sinha** and **Joy-**Bhowmick, Councillor, ward no. 14. deb Bhattacharya.

#### Phase 2: 28th March 2020

In the second phase, the NSS unit gave away chattu, rice, dal and potatoes to the inmates, with support from Ms. Mitali Palodhi and Smt. Ibha Bhattacharya, Senior Consult-The teachers, with support from ant Dietician. Ramen Tarafdar, Jaydev Kayal from the slum worked thoroughly from the beginning, with perfrom Smt. Shankari



#### Phase 3: 14th April 2020

On 24th April 2020, the college NSS Cell along with Social Outreach Cell distributed 70 kgs of rice again to these distressed souls who were constantly in need of help. Though we could supply food grains, most of these people had to skip breakfast in order to make ends meet. Seeing this the college donated muri to the inmates.

#### Phase 4: 2nd April 2020

By now, encouraged by the news of our donation to the adopted slum, many teachers started coming forward from other colleges to help. We are immensely grateful to Dr. Nibedita Pal, Associate Professor of Sarojini Naidu College for donating 75 kgs of rice,120 packets of muri and 55 kgs of potatoes. Needless to say, we could bring out a little smile to the peoples faces.

# e convey our gratefulness to

- Dr. Basab Choudhury, Honorable VC, West Bengal State University
- Smt. Sarita Patel, RD NSS
- Sri Ramaprasad Bhattacharyya, JDPI, SNO, NSS
- Dr. Pranam Dhar, PC, NSS, WBSU
- Sri Madan Mitra, President, HMMCW
- Sri Gopal Saha, Chairman, Kamarhati Municipality
- Smt. Shankari Bhowmick, Councillor, Ward no. 14
- Ms. Mitali Palodhi, Nutritionist, and National Vice-President of Indian Dietetic Association.

#### From HMMCW

- Dr. Soma Ghosh, Principal, HMMCW
- Dr. Sujata Mukhyopadhyay, NSS Programme Officer, HMMCW

# Seminar by Mahatma Gandhi Global Peace Forum and HMMCW



ne-day International Webinar on "Mahatma Gandhi's philosophy on Education and Peace Building" was organized by MAHATMA GANDHI GLOBAL PEACE FORUM in Collaboration with Hiralal Mazumdar Memorial College for Women, Kolkata, India, on July 17, 2020 (Time: 03:00 PM in India & 03:30 in Bangladesh). Welcome Address was conveyed by Hon'ble Principal, Dr. Soma Ghosh, Hiralal Mazumdar Memorial College for Women, Kolkata, India. The inaugural speech of this web seminar was delivered by Professor Sandeep Marwah, Hon'ble Chancellor, AAFT UNI-VERSITY, Raipur, India. The webinar was enlightened with the august presence of the following eminent resource

persons- 1. Prof. Sandeep Marwah, Hon'ble Chancellor, AAFT UNIVER-SITY, Raipur, India, 2. Dr. Saber

Ahmed Chowdhury, Department of Peace & Conflicts Studies, University of Dhaka, Bangladesh, 3. Professor Sibaji Pratim Basu, Dean, Faculty of Arts and C o m m e r c e, Vidyasagar University, West Ben-

gal, India, 4. Vipin Gaur, National General Secretary, Newspaper Association of India & Governor General, Mahatma Gandhi Global Peace Forum, 5. Dr. Santinath Sarkar, Assistant Professor, Department of Education, University of Kalyani.

Vote of thanks was delivered by Prodip Adhikari, State President-West Bengal & Coordinator of Bangladesh, MGGPF at the end of this webinar.

Dr. Rupa Sen (IQAC Co-ordinator), Dr. Lipika Mullick (Bursar of the col-

lege), Shri Pradipta Mukherjee (Seminar Sub Committee Convenor of HMMCW), Dr. Prodip Das (Secretary Teachers' Council & HoD, Department

of Education, HMMCW and also member of the conveners' sub-committee of this webinar), Mriganka Narayan Das, Swapna Jha, Moumita Das, Mousumi Adhikari (faculty members of HMMCW), Dipika Mondal, Research Scholar, University of Kalyani also stretched their cordial cooperation to make the webinar a great success.

The platform used for the web lecture was Google Meet. Technical support was provided by Ritwik Acharya, Puja Das and Aatreyee Bhattacharya (Faculty members of HMMCW). A total of 361 participants attended the webinar of which 312 were only participants and 49 were paper presenters.

# Major Webinars Conducted During the Pandemic by Hiralal Mazumdar Memorial College for Women, Dakshineswar

#### **Seminars and Conferences-Food And Nutrition**

A one Days Webinar is Organised By Iqac In Collaboration With Department Of Food And Nutrition On 1st AUGUST 2020. The Theme Of This Webinar Was "SUPPORT BREASTFEEDING FOR A HEALTHIER PLANNET" From 5Pm Onwards On Google Meet. Speakers For This Event Were our alumni students who are well known Dietitians at their field, former faculties of HMM college food and nutrition Department.. There Were Interactive. To Attend The Webinar Participants Were Told To Register Themselves At First. Then Google Meet Links Were Shared Through Registered E-Mail. And On The Last Day Feedback Form Link Was Shared On Chat Box To

Of The Indian Dietetic Association, Dr Alok Ghosh Chaudhuri, Associate Professor & Hod Department Of Physiology, Vidyasagar College (Day), Smt Nidhi Prakash, Consultant Dietitian. On The 1st Day Smt Mitali Palodhi Speaks On Covid 19 Its Outbreak Causes Symptoms Preventive Measures. She Also Demonstrated On How To Wear Different Masks And How To Reuse Or Discard It. Dr Alok Ghosh Chaudhury Speakes On "Pathogenesis Of Covid 19". Dietitian Nidhi Prakash Speakes On "Food Safety And Food Hygiene" During This Time. Smt Mousali Sinha Demonstrated About How To Sanitize Hands Using Sanitizer And Soap. On The 2nd Day Smt Soma Saha Hod Department Of Food And Nutrition Hmm College For



Provide E-Certificate. Moreover 150 Participants From Different Colleges, Universities Joined. Overall It Was An Enriched Programme

A Two Days Webinar Sessions Were Organised By Iqac In Collaboration With Department Of Food And Nutrition And Department Of Physiology On 28th And 29th June 2020. The Theme Of This Webinar Was "Covid 19 - A New Challenge, Fall Outs, Experiences, Lessons, And Future Actions" From 6 Pm Onwards On Google Meet. Speakers For This Event Were Smt Mitali Palodhi, Vice President

Immunobosting Food, Low-Cost Nutritious Food During Covid 19 And Post-Covid Period. Dr Sonali Mukherjee Told About Economic Perspective Of Covid 19. There Were Interactive Sessions On Both Day.

To Attend The Webinar Participants Were Told To Register Themselves At First. Then Google Meet Links Were Shared Through Registered E-Mail. And On The Last Day Feedback Form Link Was Shared On Chat Box To Provide E-Certificate. Moreover 120 Participants From Different Colleges, Universities Joined. Overall It Was An Enriched Programme.

### Webinar by Dept. of Economics

The COVID 19 pandemic has affected the societies and economies at their core. An urgent socio-economic response is needed. Otherwise global suffering will go on increasing tremendously and the future life and livelihood around the whole world will have to face a dangerous situation. The webinar was organised to discuss about the economic impact of this pandemic. Many eminent speakers enriched us with their valuable thoughts.

The speakers of the webinar were

Prof. (Dr.) Sanchari Roy Mukherjee: Department of Economics. And Dean, Faculty Council of P.G. Studies in Arts, Commerce and Law, North Bengal University.

Prof. (Dr.) Saibal Kar: Hony. Director ICSSR-ERC AND Professor of Economics.

Dr. Pranam Dhar: Associate Professor, Dept. of

paralyzed the economic identity of the continents. People are threatened by the bio raged disaster, and are readily paving ways to the recovery. Impact is not only on the individual's 'bread and butter' but a strong knock can also be felt on the education sector as well.

Prof. (Dr.) Saibal Kar said that Covid-19 and the big economic crisis due to it, is at the top most priority of the disaster in the current decade. Labour sector is at the verge. Policy maker faced a painful trade-off between saving lives and saving the economy. Professor kar also highlighted that a recent survey was conducted in US, regarding the perceived financial situation and possible losses due to the corona virus, both in income and wealth. He also narrated the short-run effects of lockdown on labour markets, and how its leading to maximiza-

#### Organized jointly by Departments of Commerce and Economics

Commerce and Management, West Bengal State University.

The program was scheduled to take place from 16:10 to 18:10 hrs. through Google Meet. Around 292 respondents expressed their willingness to participate in the webinar, however due to limited intake capacity the organizers could accommodate only 230 participants. All of them attended the webinar.

The webinar started with the Welcome Address by the honourable Principal of our college Dr. Soma Ghosh. followed by introduction of the speakers by Shri Pradipta Mukherjee (Convener of the Seminar Sub-Committee), Dr. Sujata Mukhopadhyay, Dr. Chandrabali Datta and Dr. Sonali Mukherjee. The whole webinar was moderated by Mr. Pritam

The vital points came out from this session can be summarise as follows

Prof. (Dr.) Sanchari Roy Mukherjee highlighted the pandemic threat and how it is hampering the economic identity of the country. The outbreak of the pandemic COVID - 19 situation, has not only laid its impact in the health deterioration but also

tion of job loss & metamorphosising the employed labour into unemployed labour, thus merging of physical contagion with the economic crisis affecting the supper of the livelihood.

Dr. Pranam Dhar discussed the topic "THE ECO-NOMIC IMPACT OF THE COVID 19 PAN-DEMIC IN INDIA" with his immense knowledge and research. The covid -19 pandemic in India is a part of the worldwide pandemic of corona virus disease caused by the acute respiratory syndrome coronavirus 2(SARS-COV-2). With the help of a descriptive chart he depicted the global crisis faced by both advanced economies and emerging market and developing economies in the form of re-Among some serious issues, he highlighted the Post-Pandemic Economic Impact where the global growth in 2021 to rebound to 5.8 percent and the recovery in 2021 is only partial as the level of economic activity is projected to remain below the level which had earlier been projected. At the end of the session Dr. Lipika Mullick (Bursar) delivered the vote of thanks and the program ended around 18:30 hrs.

#### WEBINAR BY DEPT OF PSYCHOLOGY

In the prevailing unprecedented situation for the current generations created by the COVID-19 pandemic as well as its associated experiences like lockdown, social distancing and the efforts in making

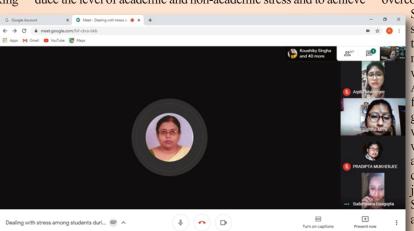
adjustment to the concept of the 'new normal' habits and practices inspired the department of Psychology of Hiralal Mazumdar Memorial College for Women to organize a webinar on 'Dealing with stress among students during COVID-19 Pandemic'. This webinar aimed to provide academicians and students an open forum to share their valuable experiences and insights as well as offer some realistic and useful measures to help students who are forced to stay at home, adapt to the online mode of attending classes and are suffering from uncertainty regarding their final or end-sem. examinations which will have a definite impact on their future career related issues in the present crisis situation.

Speaker of the webinar was Ms. Sudarshana Dasgupta, Consultant Clinical Psychologist, IIEST, Shibpur and Neuromax Healthcare. The program was scheduled to take place from 5:00 pm-6:00 pm through Google Meet. Around 70 respondents expressed their willingness to participate in the webinar out of which around 52 participants finally turned up. The webinar

started with the Welcome Address by the honourable Principal of

our college Dr. Soma Ghosh. The inaugural session was hosted by Dr. Rajasree Chakraborty, Faculty & Head, Department of Psychology, H.M.M College for Women.

The main points or issues that came out from the webinar aimed to focus on 'different techniques to be followed by the students to reduce the level of academic and non-academic stress and to achieve



or maintain psychological well-being amidst many oddities'. It was proposed that since the pandemic and its associated factors have created a global crisis, the responsibility now lies on the teachers,

students themselves and other stake holders of the academic institutions to make students understand the complexities of the situations, react sensibly in a matured manner, to become reciprocal and interact in a friendly and mutually cooperative way while keeping themselves focussed on their studies at the same time in order to overcome all possible threats and risks coming to their way. The

Speaker has wonderfully illustrated the sources of stress, reasons behind academic stress, symptoms of stress, techniques to overcome or minimize stress, and also how effective time management is related to the reduction of stress in significant ways.

After the session, the interactive session began and continued for more than one hour, where participants expressed their gratitude to the college for organizing a thematically relevant webinar and also raised several thought-provoking questions, which enabled the speaker, organizer and participants develop a fruitful academic dialogue. The interactive session was anchored by Dr. Rajasree Chakraborty, and Dr. Arpita Mukherjee. All kinds of technical assistance were provided by Ms. Sharmistha Mitra, MSTS of our department and other related assistance was given by Ms. Arpita Das, MSTS of our department. Finally, the end note was given by our Principal

Madam and Shri Pradipta Mukherjee, Convenor of the Seminar Sub-committee delivered the vote of thanks and the program ended at around 7:00 pm.



# Webinar on 'Parenting/Care giving in a Pandemic' held on 10th June 2020

organized jointly by Departments of Sociology and Psychology

iving with the pandemic and continuously struggling with it as well as its associated experiences like lockdown, unlocking and the 'new normal' threshold inspired the departments of Sociology and Psychology of Hiralal Mazumdar Memorial College for women to provide academicians, scholars and students an academic discourse and platform to share their respective insights as well as offer some realistic measures to help parents and caregivers in assisting children in the present crisis situation. The webinar was organized in collaboration with 'Bandhu Foundation', a charitable organization. Speakers of the webinar were Prof. (Dr.) Bula Bhadra, Professor and Head, Department of Sociology, Sister Nivedita University and Founder and Managing Trustee of Bandhu

Foundation, Prof. (Dr.) Piyali Sur, Professor and Head, Department of Sociology, Jadavpur University, Dr. Sanchita Ghosh, Assistant Professor, Department of Psychology, West Begal State University and Ms. Anusuya Moitra, Faculty, Department of Sociology, Muralidhar Girls' College. The program was scheduled to take place from 6.30 pm-8.00 pm through Google Meet. Around 150 respondents expressed their willingness to participate in the webinar, however due to limited intake capacity the organizers could accommodate only 100 participants of which around 83 participants finally turned up. The webinar started with the Welcome Address by the honourable Principal of our college Dr. Soma Ghosh, followed by introduction

of the speakers by the Convener of the Seminar Sub-Committee Shri Pradipta Mukherjee. The inaugural session was hosted by Dr. Rajasree Chakraborty, Faculty & Head, Department of Psychology, H.M.M College for Women.

The main points or issues that came out from the different deliberations of the webinar aimed to focus on 'parenting as a partnership', where parents and children are equal partners. It was proposed that since the pandemic and its associated factors have created a global crisis, the onus now lies on parents

to make their children understand such situations, react sensibly and build a mutual, friendly relationship with their children in order to overcome all possible threats and risks coming to their way. Speakers have pointed out how spending more time with children can actually enable parents, caregivers and children themselves to be responsible and sensitive human beings. It has also being suggested that during the pandemic digital platforms have captured almost all possible spheres of our lives. Children are also no exception. Starting from their studies, hobbies and leisure everything is digitized nowadays. Some surveys have added, though children are usually more inclined to have such exposure in their everyday lives otherwise, but in this pandemic they often miss their schools, teachers, and



friends terribly. Therefore their demands especially from their parents have definitely increased, which can best be handled by parents themselves. If parents allow children to use online platforms for leisure for sometime under their guidance and talk to them frequently, children will not develop isolation, which can later on be culminated into depression. Psychological well being of children and parents has also been discussed in this webinar. As challenges of maintaining 'social distance' or 'isolation' increases, depression and anger also increases

both in parents and among children. Under the circumstance, how parents can teach their children to behave empathetically with other members of the family, how through various simple steps (e.g. deep breathing, avoiding altercations, listening patiently to children etc.) they can relieve themselves from anger and stress has also been talked about with real life instances and it was suggested that 'Parenting is cultivating compassionplayfulness is essential in parenting'. Finally, the session ended with the last lecture focusing on how children with special needs or differently abled children are facing severe problems in the pandemic. It was proposed that parents of differently abled children also face hardships in such crisis situations, however if they increase their involvement with their children

> by telling them stories, childhood memories, encourage them to paint or do something that they like and also engage them in some routine household chores they can enable their children to think in a better way. Last of all it was suggested that compassionate understanding as well as love, care and support are actually required to build a strong parent/caregiver-children relationship, especially when the world is facing a pandemic, which did not occur in the last 100 years.

After this session the interactive session began and continued for almost an hour, where participants expressed their gratitude to the college for organizing a thematically relevant webinar and

also raised several thought provoking questions, which enabled the speakers, organizers and participants develop a fruitful academic dialogue. The interaction session was anchored by Dr. Chandrabali Dutta and Dr. Rajasree Chakraborty and the final note was given by Dr. Arpita Mukherjee. Principal Madam and Shri Sayantan Ghosh delivered the vote of thanks and the program ended around 9 pm.

### Webinar by Dept. of **Education**

n one day national A webinar on "IMPLI-CATIONS OF YOGA IN ERA OF PANDEMICS" was organized by the Department of Education, Hiralal Mazumdar Memorial College for Women, on 21st, June, 2020, under the supervision of the Principal of HMMCW, Dr. Soma Ghosh. The key note speaker of this web seminar Dr. Chandana Chakraborty, officer in charge, Post Graduate Government Institute for Physical Education, Banipur, & University Nominee, Governing Body, Hiralal Mazumdar Memorial College for Women. The webinar was also presented by two other eminent speakers- 1. Dr. Abhijit Ghosh, Asst. Professor at Dong Seoul University, South Korea, & Director, Vivekananda Anusandhana, Samasthana, Kolkata (VYASA), & Faculty, Svyasa Yoga University, Bangalore. 2. Sandip Chat-

topadhyay, P.I., Indian Institute of Engineering Science and Technology, Shibpur.

Dr. Rupa Sen (IQAC Coordinator), Dr. Lipika Mullick (Bursar of the college), shri Pradipta Mukherjee (Seminar Sub Committee Convenor), Dr. Prodip Das & Mriganka Narayan Das (Joint Convenor of the we-Dr. binar), Sujata Mukhopadhyay, Dr. Indrajit Biswas, Dr. Chandrabali Dutta, Swapna Jha, Moumita Das, Mousumi Adhikari (faculty members of HMMCW) stretched their cordial cooperation to make the webinar a great success. Efficient technical support was provided by our two faculty members- Aatreyee Bhattacharya and Puja Das. The platform used for the web lecture was Google Meet. The webinar started at 5.30 P.M. and it was concluded at 7.30 P.M. A total of 193 participants attended the webinar.

## Webinar by Dept. of History

Webinar of History Dept. (04.6.2020) was organized by Teamlink mode and time span was- 1.00- 2.45 p.m. Its theme was Pandemics in History and speaker was DR. Sahara Ahmed ( Associate professor and HOD of History Dept. of RBU). Respected teachers from other colleges also participated in it Welcome address and Vote of thanks given by Respected Principal Madam of HMMCW was academically enriching. Teachers of History Dept. and other Departments

HMMCW(Bengali, Sociology, Economics, Mathematics, Pol.Sc.. Geography etc.) were present in this webinar to make it a successful one. Role of anchor was played by DR. Madhumita Mondal ( Asstt. Prof. of History Dept. and technical arrangements were made by Dept. faculty members such as Smt. Atrayee Bhattacharya (MSPTT). Approximately 60 participants were present in the programme mentioned above. Students of HMMCW became enlightened through it.

## Webinar by Dept. of Geography

special Web lecture was Aorganized by Department of Geography on 17th, June, 2020. The Lecture was presented by Dr. Pranab Kumar Das, Assistant Professor, Sri Chaitanya College, Habra. The topic of lecture was "Gangeyo PaschimBange sthaniyo lakshmanvittik mousumi bristipater purvabas: Oithiyo o bartoman prasongikota". The platform used for the web lecture was



Google Meet. The webinar started at 11:00 A.M. and it concluded at 12:45 P.M. A total of 71 participants attended the lecture. Among these 72 participants 18 were faculty members including Principal Dr. Soma Ghosh and the remaining 54 were students from semester II, semester IV, and part III of Department of Geography, HMMCW.



## Online Activities by the Department of Chemistry

cademic Activities of the Department of AChemistry, Hiralal Mazumdar Memorial College for Women, Dakshineswar, Kolkata during the lockdown 1. No of online classes from 30th March 2020 to 2 nd July 2020: Total 87 online classes were conducted. 2. Webinar organized: In collaboration with IQAC, Chemistry Department has organized a webinar on 'Challenges in research during the pandemic & a mechanistic insight into the evolutionary trail & the structural facets of spike receptor binding domain of SARSCOV-2'. Speaker: Dr. Sourav Chowdhury Post Doctoral Fellow (Evolutionary Biophysics), Harvard University, USA. Time: 6 PM (IST) Platform: Google meet 3. Activities by the students: Students of B.Sc (Hons) IV semester have successfully completed assignments given during their mentoring classes. 4. Departmental Meetings: Departmental meetings were arranged on 7 th May, 18th June & 9 th July, 2020. 5. Activities of the Faculties: Dr. Amrita Banerjee was involved in the following activities. a. Participated in webinar 'Celebration of 100 years of Women in Science in India' organized by UEM, Kolkata on 15th May, 2020. b. Completed guiz on 'Covid-19' organized by Govt of India c. Completed quiz on 'Covid -19 awareness' organized by National Service scheme, Belda College (affiliated to Vidyasagar University) on 26th May, 2020 and obtained 85%. d. Participated in a webinar organized by the Department of Psychology, HMM College for Women on 'Dealing with stress among students during COVID -19 pandemic' on May 27, 2020. e. Participated in webinar 'World life conservation: A general concept' organized by the Department of Environmental Science, HMM college for Women, Kolkata. f. Participated in webinar 'Covid 19- a new challenge, fall outs, experiences, lessons & future action' on 28th and

29th June, 2020 organized by IQAC in collabo-

ration with Department of Food & Nutrition &

Department of Physiology, HMM College for Women, Kolkata. g. Completed 2 weeks refresher course from 22nd June – 04th July, 2020 in 'Engineering, Physical Sciences & Management' organized by Bharati Vidyapeeth's Institute of Computer Applications and Management, (BVICAM), New Delhi and obtained A+ grade. Academic Activities of the Department of Chem-

istry, Hiralal Mazumdar Memorial College Women, Dakshineswar, Kolkata during the lockdown 1. No of online classes from 30 th March 2020 to 2 nd July

Total 87 online classes were conducted. 2. Webinar or-

ganized: In collabora-

with tion IQAC, Chemistry Depart-

ment has organized a webinar on 'Challenges in research during the pandemic & amp; a mechanistic insight into the evolutionary trail & the structural facets of spike receptor binding domain of SARS-COV-2'

Speaker: Dr. Sourav Chowdhury Post Doctoral Fellow (Evolutionary Biophysics), Harvard University, USA. Time: 6 PM (IST) Platform: Google meet

3. Activities by the students: Students of B.Sc (Hons) IV semester have successfully completed assignments given

during their mentoring classes.

4. Departmental Meetings:

Departmental meetings were arranged on 7 th May, 18 th June & Samp; 9 th July, 2020.

5. Activities of the Faculties:

Dr. Amrita Banerjee was involved in the following activities.

a. Participated in webinar 'Celebration of 100 years of Women in Science in India'

organized by UEM, Kolkata on 15 th May,

b. Completed quiz on 'Covid -19' organized by Govt of India

c. Completed quiz on 'Covid -19 awareness' organized by National Service scheme,

Belda College (affiliated to Vidyasagar University) on 26 th May, 2020 and obtained 85%.

d. Participated in a webinar organized by the Department of Psychology, HMM College for Women on 'Dealing with stress among students during COVID -19 pandemic' on May 27, 2020.

e. Participated in webinar 'World life conservation: A general concept' organized by the Department of Environmental Science,

HMM college for Women, Kolkata. f. Participated in webinar 'Covid 19- a new challenge, fall outs, experiences, lessons

& Samp; future action' on 28 th and 29 th June, 2020 organized by IQAC in collaboration with Department of Food & Depa

& Repartment of Physiology, HMM College for Women, Kolkata.

g) Completed 2 weeks refresher course from 22 nd June – 04 th July, 2020 in 'Engineering, Physical Sciences & Samp; Man-

agement' organized by Bharati Vidyapeeth's Institute of Computer Applications and Management, (BVICAM),

New Delhi and obtained A+ grade.

# Online activities of the Department of English

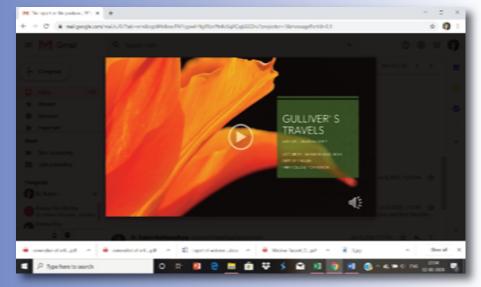


The PPT s below are on the text, the drama Macbeth

The 1st PPT is a overview on the drama, and each Act is summarised comprising the main tenets and relevant points to be remembered.

The Second PPT is on the Character analysis, dealing with the main characters Macbeth and Lady Macbeth in the Shakespeare' tragedy

The third PPT is a analysis of the scenes and the soliloquys. This PPT also pre-



pares the students with the important University questions from the said Act.

https://drive.google.com/file/d/1hzMV7K74uMbnVcLxna1\_Hnhc\_1lPkoxw/vw?usp=drivesdk

The above youtube lecture is on Charles Lamb and the essay Dream Children A Reverie. The lecture gives the summary, critical ananlysis. The session of lecture also includes insight to Lamb's bigraphy, special mention to elements like humour and pathos, romances and narrative mode which would help the students to prepare for exam.

https://youtu.be/IDTFJgySA4E

The above youtube session is on Jayanta Mahapatra's poem 'Hunger'.

The lecture is intended for Sem 2 ENGA and Sem 2 GEN students as it belongs to both for their syllabus. The lecture tries to give a short biography of the poet, and his thoughts. It tries to

and his thoughts. It tries to delve into various layerd,

Report on the PPT's and Youtube

features and contexts of the poem, the lecture also intends to enlighten as well prepare the students for their exams.

https://youtu.be/U2xSJzVzk3A

#### This session of lecture

On Gulliver's Travels, written by Jonathan Swift, published in 1726 this text is landmark in English Literature. The session of lecture contains a brief idea of Jaonathan Swifts works, ideas, narrative mode, the central theme and deeply discusses each of the sections of the text.

# Online Activities by Dept. of Geography

ONLINE CLASSES CONDUCTED 16.03.2020 - 31.05.2020

CLASS	NO. OF CLASSES	PLATFORM
Semester II	21	Skype
Semester IV	20	Zoom And Conference Call

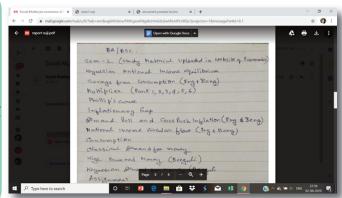
#### STUDY MATERIALS SHARED

CLASS	NO. OF MATERIALS	PLATFORM
Semester II	14	College Website and WhatsApp Group
Semester IV	22	College Website and WhatsApp Group

#### **ASSESSMENTS CONDUCTED**

CLASS	NO. OF ASSESSMENTS	PLATFORM
Semester II	07	College Website and WhatsApp Group
Semester IV	01	College Website and WhatsApp Group

Online
activities of
the
Department
of
Economics





Online
activities
of the
Department
of
Philosophy

### WEBINARS AND ONLINE WORKSHOPS ATTENDED

DATE	TOPIC	ТҮРЕ
06-12 April	Research Methodology for Social Science	Workshop
19-21 April	Reference Management Tools and Online Citation Database	Workshop
22-28 April	Development Program on Entrepreneurship: Research, Critical Thinking and Innovation	FDP
11 May	Application of Chanakya Niti in Modern Education	International Webinar
13 May	Awareness of Covid-19	E-Quiz
13 May	Virtual Assessment Program on Research Methodology	E-Quiz
13 May	Covi-19: A Determinant of Innovation in Global Economy – I	E-Quiz
13-20 May	Insights into Quality Research and Innovation	FDP



Total
67 Webinars were conducted throughout the year



#### WEBINARS AND ONLINE WORKSHOPS ATTENDED

DATE	TOPIC	ТҮРЕ
14 May	Research Dimension in Social Science	National Webinar
15 May	Research Ethics and Plagiarism Control	Workshop
16 May	Research Methodology in Social Science	Workshop
18 May	Road Map of Future Geographers	Webinar
18-20 May	Research Methodology, Statistical Techniques and Data Project Analysis using MS Excel	Workshop
21-23 May	Writing Research Projects, Project Preparation and Funding for Research Projects	Workshop
23 May	Atmanirbhar Bharat: A Dawn of New Economic Reforms	International Webinar
26 May	Art of Crafting Your Research Idea into Winnable Grant Proposal	Webinar



29 May	Environmental Audit	Webinar
30 May	Innovating Education and Educating for Innovation	National Webinar
31 May	The Science of Places: Exploring the Career Goals and Competencies of Future Geographers	Panel Discussion

# E-CONCLAVE REPORT (Date- 28.06.2020 & 29.06.2020)

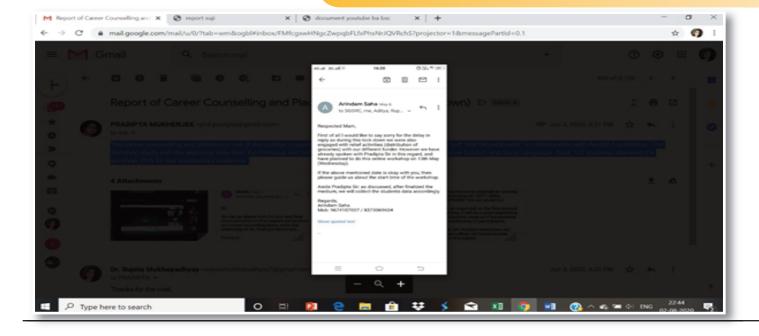
wo days National e-Conclave 2020 on "Online" ■ Education Pedagogy in Modern Management of Higher Education & Business Studies" was organized jointly by the Department of Management, University of North Bengal, Siliguri, Dist.- Darjeeling and Department of Education & IQAC of Hiralal Mazumdar Memorial College for Women, Kolkata on 28th and 29th June, 2020. The inaugural speech of this web seminar was delivered by Prof. Sanchari Roy Mukherjee, Dean, Faculty council of Arts, Commerce & Law, University of North Bengal. Welcome Address was conveyed by Dr. Soma Ghosh, Principal, Hiralal Mazumdar Memorial College for Women, Kolkata. Key note address for the first day of this webinar was delivered by Dr. Madhumita Sen, Associate Professor, Govt. Girls' General Degree College, Kolkata. On the first day, the webinar was also presented by following resource persons- 1. Prof. Debabrata Mitra, Professor of Commerce, Dept. of partment of Educational Science, Assam University, Commerce, University of North Bengal. 2. Dr. Silchar.

Sangeeta N. Pawar, Associate Professor, Department of Commerce, Mumbai University. 3. Prof. Ipseeta Satpathy, Senior Professor of School of Management, KIIT, Bhubneswar. Vote of thanks was delivered by Shri. Sanmoy Mallick, Head of the Department, Department of Management, University of North Bengal at the end of first day of this webi-

On the 2nd and last day of this e-conclave, Key note address was delivered by Dr. Deepak Subba, Assistant Professor, Department of Management, University of North Bengal. The following were the resource person on the 2nd day of this e-conclave- 1. Prof. Rajarshi Roy, Professor of Department of Education, (Vinaya Bhavana), Visva-Bharati, Santiniketan, 2. Dr. Amlan Ghosh, Associate Professor, Dept. of Management Studies, NIT, Durgapur. 3. Dr. Nikunja Behari Biswas, Professor of Education, DeDr. Rupa Sen (IQAC Co-ordinator), Dr. Lipika Mullick (Bursar of the college), Shri Pradipta Mukherjee (Seminar Sub Committee Convenor of HMMCW), Dr. Prodip Das (Conclave Secretary), Mriganka Narayan Das, Swapna Jha, Moumita Das, Mousumi Adhikari (faculty members of HMMCW), Dr.Deepak Subba, Asst Prof, MBA, NBU, Dr. Subrata Ray, Asst Prof, MBA, NBU, Dr. Nandita Pradhan, Asst Prof, MBA, NBU, Mr. Dipanjan Moitra, Asst. Prof, MBA, NBU, also stretched their cordial co-operation to make the webinar a great success. Vote of thanks on the end of this e-conclave was delivered by Dr. Prodip Das, Head of the Department, Department of Education, Hiralal Mazumdar Memorial College for Women, Kolkata.

The platform used for the web lecture was Google Meet. The webinar started at 10.00 A.M. on 28th June 2020 and it was concluded at 2.00 P.M. on 29th June 2020. A total of 108 participants attended the e-

## Workshop by Career Counselling Cell



career I counselling and placement cell of the college organised a day long workshop on "Career through Soft Development" in collaboration with Anudip Foundation. The Worshop with the welcome note from the Principal and follwed

by two sessions comprising Communicative English and Body Language. Total 127 students attended the workhop. PFA for the doumentary evidence.

# NSS **Observes** Rabindra Jayanti on 8th May 2020

Inlike previous years, this year Rabindra Jayanti was observed in the virtual platform. NSS volunteer Swarnali Banerjee played a Rabindrasangeet on guitar. Sharmishtha



Basu, an ex student performed a dance recital on Kabiguru's song. Ananya Mukherjee paid her homage by singing a Rabindra sangeet.



# World Environment Day Celebrated virtually on 5th June 2020

nlike the other years, this year celebrating World Environment day was different. Earlier, we used to observe the day by planting saplings, organising awareness campaigns in the college premises, or in our adopted slum Nibedita Colony. But this year, the impending pandemic made things different. Undaunted though we were, this was a novel experience for all of us at Hiralal Mazumdar Memorial College for Women, as we unleashed our creative genius. Videos were shot by the stu-

dents on how they observed Environment Day, some by sending us pictures of planting

Hiralal Mazumdar Memorial college for women World Environment day 5th june 2020

saplings, others sending videos on environmental awareness. A video

was uploaded to the college website too. Students also made posters on awareness of



our surroundings and protection from Covid 19.





**STUDENTS** 

CONTRIBUTIONS

ON WORLD

**ENVIRONMENT** 

Day

**A**Dey, Sayani Sanyal all

B.A 2nd year General stu-

dents, Arunika Chatterjee

and Anusuya Palodhi of

B.A hons in Journalism &

Mass Commun ication sent

pictures of tree plantation,

cleaning up of broken trees

after the Amphan outrage as

well as a video on preacus-

tions to be undertaken dur-

ing the lockdown, including

washing of hands and wear-

loka Mondal, Enakshi

ing masks properly. Enakshi also spoke about keeping safe distance during lockout and the ways in which our immunity system can be boosted. A video was uploaded to the college website on Environment day observed by the NSS unit of HMMCW.



# NSS Volunteer Arunika Chatterjee has made this poster on World Environment day 2020.

n World Environment day a video was created and uploaded on You Tube, consisting of a collage of past and present activities that the college has done on this day. Apart from this, students planted saplings around their houses since they could not do the same in



•••••• college during this pandemic, and some also helped to clean up broken trees that had been uprooted in their area due to supercyclone Amphan. Another student spoke about the precautions to be taken during Covid 19 pandemic like maintaining social distancing and wearing a mask.







# One day Online Workshop for NSS Programme Officers on Swacchata Action Plan (SAP) by MGNCRE MHRD, Govt. of India attended by NSS PO

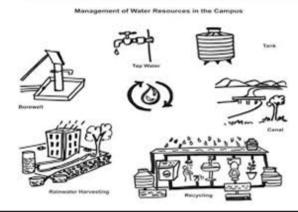
n World Environment day 5th June 2020, the Ministry of Human Re-Development, arranged an online workshop for the Program Officers of NSS to initiate them to the new forms of Community engagement. The first session dealt with the Swacchata Action Campus including Sanitation, Hygiene and greenery. Session 2 was about Community engagement and experiential Learning. Session 3 was about Jal Shakti Campus and Jal Shakti Gram. Session 4 was on Wasgte Management Methodologies in Campus and Adopted villages, and lastly session 5



was on Campus Action Plan. After this a

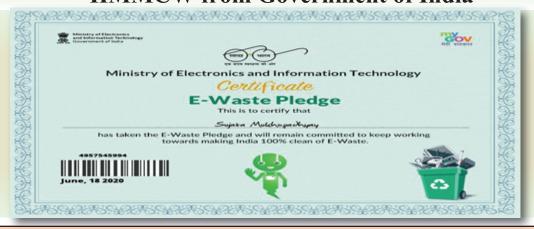
Participants' Learning Log was created where we had to write what plan of action, we were willing to take. After adopting the learning skills from the workshop, PO s were expected to hold a 2-hour online meeting to teach/instruct all her volunteers to give their suggestions on Swacchata Action Plan to be initiated both at the college level as well as the adopted village/slum. Likewise, Dr. Sujata Mukhopadhyay, NSS PO of HMMCW Dakshineswar unit held an online meeting and divided the volunteers into 5 groups- a leader was chosen from each group and action plans were discussed.

# (where there is Rural Well being there is Universal Prosperity) By Mahatma Gandhi National Council of Rural Education





## Certificates on Pledge Received by NSS PO Dr. Sujata Mukhopadhyay on behalf of NSS Unit, **HMMCW** from Government of India



## State COVID Review: State Level COVID 19 Success Story Meeting for the NSS Units of West Bengal

n 24th April and again on 7th May 2020, the State Level COVID 19 Success Story Meeting was held for all the units of West

Bengal.The Programme was organised by Regional Directorate, NSS, , under the guidance of Ms. Sarita Patel. and special presence was made by DR. Tapan Kumar Dey, NSS Program Coordinator, Vidyasagar

University,

May 2020 STATE LEVEL COVID-19 SUCCESS STORY MEETING FOR THE NSS UNITS OF WEST BENGAL Organized by: REGIONAL DIRECTORATE OF NSS, KOLKATA MS. SARITA PATEL SPECIAL PRESENCE DR. TAPAN KUMAR DEY DR. PRANAM DHAR DR. RANVIR S HOSTED BY

ZOOM meeting link will be Shared in the group. All NSS District Nodal Officers, Programme Officers and NSS functionaries are cordially invited.

Dr. Pranam Dhar, NSS Coordinator, West Bengal State University, and Dr. Ranvir Sumedh Bhagwan, NSS Coordinator, Vishwa Bharati Uni-

versity.the programme was hosted by Sri Agnimeel Das, Youth Officer RD, Koljata, Sri Deepak mandal. RD, NSS, Kolkata, with technical support from Sri Amit Kumar Mandal, IGOT training Nodal Officer Kolkata. Dr. Sujata Mukhopadhyay, Programme Officer NSS from Hiralal Mazumdar Memorial

Igot Training for the Programme Officers for **AWANESS & PREVENTION OF COVID-19** 24th April, 2020 3.00 PM - 4.40 PM NSS CELL, WEST BENGAL STATE UNIVERSITY Under the Chief Patronage & Blessings of Professor Basab Chaudhuri

College for Women Dakshineswar represented her college and narrated the success story of Nibedita Colony.

