

# Department of Psychology

**Session: 2023-24 (ODD SEM)**

## Semester-I

<u>Semester</u>	<u>(Hons /General)</u>	<u>Syllabus Module/Unit</u>	<u>Topic</u>	<u>No. of lectures (Hours)</u>	<u>Teachers</u>	<u>Distribution</u>	<u>Project/ Student Seminar(if any)</u>
1 <sup>st</sup> Semester	Hons/ Major (DSC)	<b>PSYADSC101T:</b>  INTRODUCTION TO PSYCHOLOGY	Unit1:Introduction	10	AM & SC	September,23	
			Unit2: a) Sensation  b) Attention  c)Perception	20	Extension Lecture by PB PB  AM	October-November, 23	
			Unit3: Principles of Learning	15	RC	September,23	
			Unit4. Memory	15	SM	December,23	
		<b>PSYADSC101P</b>	1. Experiment on Attention	15  hours	RC	Oct- Dec,23	
			2. Experiment on Memory		AD		
				<b>PSYSE1 (SEC)</b>	Stress Management	38 Hrs.	

**Semester -III**

Semester	(Hons /General)	Syllabus Module/Unit	Topic	No. of lectures (Hours)	Teachers	Distribution	Project/ Student Seminar (if any)
3 <sup>rd</sup> Semester	Hons.	<b>PSYACOR05T</b> UNIT 1:	a.Basics of Research in Psychology b, Qualitative Vs Quantitative	8	R.C SM, SL	July 23-September, 23	
		UNIT 2	Conducting Experiment	14	AM	August,23-September, 23	
		UNIT 3	Non-Experimental Research	8	SL,RCj	October,23-November, 23	
		UNIT 4	Standardization of Psychological Test	8	AM	September, 23-November, 23	
			<u>PSYACOR05P:</u> Experiment/ test based on Group Data Analysis  Focused Group Discussion	4 hours/week  4 hours/week	AM  A.D	September, 23-December, 23 December, 23-February,24	
			Unit1: Understanding Psyche	06	PB	September, 23-October,23	

		<b><u>PSYACOR06T:</u></b>	Unit2 Positivist Orientation	12	Extensi on Lecture by PB	September, 23- October,23	
			Unit3:Psychoana lytic Orientation	15	SM	September, 23- October,23	
			Unit:4 Feminism & Social Construction	4	SC	January,24	
		<b><u>PSYACOR06P</u></b>	Defense Style Questionnaire (DSQ)	4 hour s/ wee k/ batc h	RC	November, 23- January,24	
			Beck Depression Inventory (BDI-II)		AM		
		<b><u>PSYACOR07T</u></b>	Unit-1 Psychology of the Social	15	AD	July,23- August,2 3	
			Unit-2 Understanding the social world	15	SM, SC	December, 23- January,24	
			Unit-3 Social Interaction and Influence	15	RC,SL	December, 23- January,24	
			Unit-4 Group Dynamics and inter-group relations	15	AM,SC	November, 23- January,24	

		<b>PSYACOR07P</b>	1. Attitude	4 hours/week	SM	September, 23- November, 23	
			2. Prejudice	4 hours/week	RC	November, 23-January, 24	
		<b>SEC</b>	1. Introduction to stress 2. Stress and Health		RC	January to February, 24	
			3. Managing Stress I 4. Managing Stress II				

### SEM-V

Semester	(Hons /General )	Syllabus Module/Unit	Topic	No. of lectures (Hours)	Teachers	Distribution	Project/ Student Seminar( if any)
<b>5<sup>th</sup> Semester</b>	Hons	<b>PSYACOR11T:</b> UNDERSTANDING PSYCHOLOGICAL DISORDERS	1) Understanding Psychopathology	10	S.M.	August- September, 23	
			2) Anxiety Disorders and Obsessive Compulsive and Related Disorders	20	A.M., RCJ, SL	September- October, 23	
			3) Somatic symptoms and related disorders	15	R.C.	November - December, 23	
			4) Substance Related and Addictive Disorders	15	S.M.	August- September, 23	
		<b>PSYACOR11P</b>	1) Medico Psychological Questionnaire	4 hours/ week	A.D.	August- September, 23	
		2) Perceived Stress Scale	S.M		September- October, 23		

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		<b>PSYACOR12T ORGANIZATION BEHAVIOUR</b>	1) Industrial and Organizational Psychology	10	SC	July- August,23	
			2) Individual's Attitudes; Job Satisfaction; Work Motivation	14	A.M.	September- October,23	
			3) Human Resource Practices	8	S.M.	November - December ,23	

			4) Training	12	Extension Lecture by P.B	August- September, 23	
		<b>PSYACOR12P</b>	1) Organizational Commitment Scale	4 hours /week	A.M.	September- October,23	
			2) Work Life Balance Scale		R.C.	August- September, 23	

Semester	(Hons /General)	Syllabus Module/Unit	Topic	No. of lectures (Hours)	Teachers	Distribution	Project/ Student Seminar(if any)
<b>5<sup>th</sup> Semester</b>	<b>ELECTIVE: DISCIPLINE SPECIFIC DSE for Hons.</b>	<b>PSYADSE01T: CLINICAL PSYCHOLOGY</b>	1) Models of Psychopathology- Psychodynamic, Cognitive-behavioural, Stress diathesis Model.	12	S.M.	September- October,23	
			2) Overview of Personality disorders and Clusters.	10	R.C.	October- November,23	
			3) Schizophrenia Spectrum Disorders	20	A.M.	October- November,23	
			4) How to reach a diagnosis; Differential	15	R.Cj.	October- November,23	

			diagnosis; Clinical Assessment- Introduction to methods (specific for assessment and diagnostic Purpose) and diagnostic tools.				
			PANSS- Positive and Negative Syndrome Scale	4 hours/ week	R.C.	October- December ,23	
		<b><u>PSYADSE03T:</u></b>	Introduction	10	A.D.	October- November,23	
		<b><u>Health and Wellbeing</u></b>	Stress and Health Behaviour	10	S.C.	October- November,23	
			Positive Psychology	20	P.B.	October- November,23	
			Happiness Wellbeing & Application s	20	P.B.,SL.	October- November,23	
			<b><u>PSYADSE03P:</u></b>	Progressive Muscle Relaxation	4 hours/ week	S.M.	October- December,23

## **(EVEN SEMESTER)**

### **Semester –II**

Semester	(Hons /General)	Syllabus Module/Unit	Topic	No. of lectur es (Hours )	Teachers	Distribution	Project/ Student Seminar(if any)
<b>NEP 2<sup>nd</sup> Semester Major Courses)</b>	Hons	<b><u>PSYDSC102T-2</u></b> <b>(Developmental Psychology)</b>	Unit1: Introduction  a)Concept  b)Nature and Nurture	15	RC,  SL	April- June,24	
			Unit2: Domains of Human Development I a) Prenatal Development	15	SM AD	April-	

			b) Physical Development c) Cognitive Development d) Language Development		AM AD	June,24	
			Unit3: Domains of Human Development II a) Emotional Development b) Moral Development c) Social Development	15	SM SL RC	April- May,24	
			Unit4: Socio-Cultural Contexts for Human Development a) Family & Parenting Style b) Peers & Schooling	15	AM	May- June,24	
		<b>PSYDSC102P-2</b>	1) Attachment Style Questionnaire	15 Hours	AD	April-June ,24	
			2) Family Environment Scale		SL		
		<b>PSY SE-2: Disability Mapping</b>	Unit1: Concept of Intelligence and Types	36 Hours	SC	April-June ,24	
			Unit2: Concepts of Social Development and Domains				
			Unit3: Concepts of Intellectual Disability				

#### SEMESTER IV

Semester	(Hons /General)	Syllabus Module/Unit	Topic	No. of lectures (Hours)	Teachers	Distribution	Project/ Student Seminar(if any)
4 <sup>th</sup> Semester (Core Papers)	Hons	<b>PSYACOR08T</b> <b>(Statistical Methods for Psychological Research – II)</b>	1) Concept and computation of 't' & 'z' test	20	SM	March- April ,24	
			2) Concept of ANOVA & Computation of One way ANOVA	21	SL	April - May,24	
			3) Non parametric tests : Chi square, Mann Whitney U test, Wilcoxon Sign Rank Test	19	AD	April - May,24	

		<b><u>PSYACOR08P</u></b>	Introduction to SPSS/R	4 hours/ week/ batch	AM	April- May,24
		<b><u>PSYACOR09T</u></b> <b>(Developmental Psychology)</b>	Unit1: Introduction a) Concept b) Role	8	RC, SL	March,24
			Unit2: Domains of Human Developmentl a)Prenatal	6	RC	May- June,24
			b)Physical	4	SL	May,24
			c)Cognitive	6	SM	March,24
			d)Language	6	AD	April,24
			Unit 3: Domain II a)Emotional	6	AM	March,23
			b) Moral	6	SL	April,23
			c) Social	6	AM	April,23
			Unit 4: Socio-Cultural Contexts	12	SM	May- June,24

		<b><u>PSYACOR09P</u></b>	1) Attachment Style Questionnaire	4 hours/ week/ batch	AD,	April- May,24
			1) Gender Role Identity		SL	

		<b><u>PSYACOR010T</u></b>	1) Introduction	10	PB	May- June,24
			2) Applying Social Psychology I Environment, Diversity	10	AM	March- April,2 4
			3) Applying Social Psychology II Work, Health, Legal System	12	PB	April- June,2 4



			4) Intervention and evaluation : Impact Analysis,	8	A.D.	April-June,24	
		<b>PSYACOR010P</b>	1) Group Influence	4 hours/week/ batch	SM	April-May,24	
			2) Group Cohesiveness		RC		

### SEMESTER -VI

Semester	(Hons /General)	Syllabus Module/Unit	Topic	No. of lectures (Hours )	Teachers	Distribution	Project/ Student Seminar (if any)
<b>6th Semester (Core Papers)</b>	<b>Hons</b>	<b>PSYACOR13T:</b> Understanding And Dealing With Psychological Disorders	Schizophrenia: Clinical Picture, causal factors and subtypes	10	AD	March - April,24	
			Mood Disorders: Clinical Picture, causal factors and subtypes; suicide	12	A.M	March - April,24	
			Substance Related Disorder	5	S.M.	April,24	
			Sexual Disorders (Overview): Gender Identity Disorder, Paraphilia - Pedophilia, Voyeurism, Exhibitionism, Sexual Masochism, Sexual Sadism	6	R.C	May-June,24	

		<b>PSYACOR13P</b>	1) Scale on Expressed Emotion	4 hours/week/ batch	R.C	Feb-May,24	
			2)ASIQ		A.M		
		<b>PSYACOR14T:</b> Counselling Psychology	1) Introduction Meaning and Goals	08	P.B	March - April,24	

			2) Similarities and differences between counselling and psychotherapy, Counselling Skills: Micro and Macro skills in counselling.	08	A.D.	June,24	
			3) Contemporary Trends- 1) Yoga.Meditation 2) Expressive Therapy- Art,Dance-moment, Music Therapy	10	S.M,	March - May,24	
			4) Counselling	05	S.L.	March-April,24	
		<b><u>PSYACOR14P:</u></b>	1) GZII	4 hours/ week/ batch	R.C.	April-May,24	
			2) DAT		S.L.		
	<b>ELECTIVE: DISCIPLINE SPECIFIC DSE</b>	<b><u>PSYADSE04T:</u></b> COMMUNITY & CROSS-CULTURAL PSYCHOLOGY	1) Introduction	12	A.D.	April-May,24	
			2) Health promotion & Intervention	10	S.M	March-April,24	
			3) Culture	08	PB	May-June,24	
			4) Intervention	04	SC	June,24	

		<b><u>PSYADSE04P:</u></b>	1) Quality of life 2) GHQ	4 hours / week/ batch	A.M AD	March - April,24	
		<b><u>PSYADSE05T:</u></b> DEVELOPMENTAL PSYCHOLOGY	1) Contemporary Approaches	6	S.L.	May, 24	

	CONTEMPORARY APPROACHES	2) Development of Identity	8	A.M	May-June, 24
		3) Critical Developmental Periods	12	R.C & S.C.	May-June, 24
		4) Developmental Disabilities and Interventions:	18	S.M & A.D.	April-May, 24
		<b><u>PSYADSE05P:</u></b>	1) VSMS	4 hours / week / batch	S.M April-June, 24
			2) DST	S.M.	

Semester	(Hons /General)	Internal Assessment (Tentative time)	University Examination
<b>I</b>	Hons.	Internal Assessment	December, 2023 (Tentative)
<b>III</b>	Hons.	Internal Assessment	December,,2023 (Tentative)
<b>V</b>	Hons.	Internal Assessment	November, 2024(Tentative)
<b>II</b>	Hons.	Internal Assessment	June, 2024(Tentative)
<b>IV</b>	Hons.	Internal Assessment	June, 2024(Tentative)
<b>VI</b>	Hons & Gen	Internal Assessment	June, 2024 (Tentative)