

# Academic Plan & Action Taken

Session: 2017-2018

<u>Academic Plan</u>				<u>Action Taken</u>
Proposed date:	Nature of Event (Extension Lecture/ Seminar/ Webinar)	Name of the Resource Person & Affiliation	Objective of the Event	Organized on
September,20 17	Mental Health Literacy Intervention Program	Students of WBSU	Awareness generation regarding mental health issues like symptom manifestation, treatment and intervention techniques for different mental disorders.	No event could be organized by the department during this session.
Syllabus completed within stipulated time.				

# Academic Plan & Action Taken

Session: 2018-2019

<u>Academic Plan</u>				<u>Action Taken</u>
Proposed date:	Nature of Event (Extension Lecture/ Seminar/ Webinar)	Name of the Resource Person & Affiliation	Objective of the Event	Organized on
July,2018	Psychology CBCS Syllabus Preparation Workshop	All the faculties of Psychology in UG colleges under WBSU	Reframing and preparation of the syllabus for semesters under CBCS system.	13/07/18
September,20 18	Mental Health Literacy Intervention Program	Students of WBSU	Awareness generation regarding mental health issues like symptom manifestation, treatment and intervention techniques for different mental disorders.	13/09/18
Syllabus completed within stipulated time.				

# Academic Plan & Action Taken

Session: 2019-2020

<u>Academic Plan</u>				<u>Action Taken</u>
Proposed date:	Nature of Event (Extension Lecture/ Seminar/ Webinar)	Name of the Resource Person & Affiliation	Objective of the Event	Organized on
March,2020	Workshop on “Crime Against Women: Legal and Psychological Redressal”	Dr. Suvarna Sen Consultant, Psychologist  Susmita Halder, Faculty of Law	Generation of awareness regarding different forms of violence against women along with their analysis from psychological and legal perspectives.	14/03/2020
UG part III syllabus completed within the stipulated time. Some topics of sem II and IV were completed on the next session as the Pandemic COVID 19 started from March,2020. ‘Dealing with stress among students during COVID-19 pandemic’(27/5/2020) and “Parenting/ Caregiving in a Pandemic” (10/06/2020) were organized keeping in mind the new mental health challenges.				

# Academic Plan & Action Taken

Session: 2020-2021

<u>Academic Plan</u>				<u>Action Taken</u>
Proposed date:	Nature of Event (Extension Lecture/ Seminar/ Webinar)	Name of the Resource Person & Affiliation	Objective of the Event	Organized on
Mid of August,2020	Webinar on “Digital Addiction Among Students during Pandemic”	Ms. Debarati Acharya, Clinical Psychologist, Senior Counsellor,II T Kharagpur	To spread awareness among students regarding Internet Addiction	No event could be organized by the department during this session.
<p>As B.A. /B.Sc. part III, Sem- II &amp; Sem IV examination of Academic session (2019-20) were scheduled on October and Nov-Dec, 2020 due to COVID19 Pandemic, thus there were few deviations in class distributions as given in the academic calendar. 40 percent reduced syllabus of Odd Sem (Sem-I, III &amp; V) and Even Sem (Sem-II, IV &amp; VI) as provided by UG BOS has been completed within the stipulated time. Remedial and Tutorial classes were taken as per requirements of the students.</p>				

# Academic Plan & Action Taken

Session: 2021-22

<b><u>Academic Plan</u></b>				<b><u>Action Taken</u></b>
Proposed date:	Nature of Event (Extension Lecture/ Seminar/ Webinar)	Name of the Resource Person & Affiliation	Objective of the Event	Organized on
July,2021	Webinar on “Balancing between Work For Home & Work From Home”	Ms. Bipasha Chatterjee, Assistant Professor, Department of Psychology, Adamas University, Kolkata	To spread awareness regarding work- life balance among the Employees of the College	20.07.21
September, 2021	Interactive Web-session on Tech Addiction Amid Pandemic: A guide to Digital Detox	Ms. Debarati Acharya, Clinical Psychologist, Senior Counsellor, IIT Kharagpur	To spread awareness among students regarding Internet Addiction	07.09.2021
April, 2022	Students’ Seminar on “ The Case Studies on Schizophrenia ”	The students of Sem-VI, Psychology Hons of H.M.M. College For Women	To spread awareness about Schizophrenia	22.04.2022

May,2022	Workshop on “Gender & Sexuality Pedagogy & Syllabus Modification”	Dr. Asha Achutan –Advanced Centre for Women’s Studies and Chairperson, Women and Gender, TISS  Dr. Ranjita Biswas Psychiatrist, Life Fellow, Indian Psychiatric Society  Dr. Sreemoyee Tarafder Assistant Professor, WBSU  Dr. Amitava Sengupta Guest Lecture Department of Psychology, WBS U	To clarify the confusion regarding Gender & Sexuality Pedagogy and modification of UG syllabus for upcoming session.	14.05.202 2
<b>Nature of Special lectures</b>	<b>Date/ Hours of lectures (Tentative)</b>	<b>Number of Participants (Tentative)</b>	<b>Name of the facilitator/resource person</b>	<b>Objective of the Event</b>

Remedial Lectures for Slow Learners	2hrs	10 Students	R.C	To clear the doubts regarding topics taught in the classes.
	8hrs	21 Students	A.M	
	8hrs	15 Students	S.M	
	8hrs	9 Students	A.D	
Special Lectures for Advanced Learners	4hrs	5 Students	A.M	To prepare presentati on related to World

				Environment Day
Others ( <u>Academic</u> and <u>Psychological</u> <u>Mentoring</u> )	2hrs	10 Students	R.C	Guiding the students with their academic challenges.
	4hrs	20 Students	A.M	
	10hrs	15 Students	S.M	Guiding the students with their academic challenges and health challenges.
	17hrs	27 Students	A.D	
<p>40 percent reduced syllabus of Odd Sem (Sem-I, III &amp; V) as provided by UG BOS has been completed within the stipulated time. 20 percent reduced syllabus of Even Sem (Sem-II, IV &amp; VI) as provided by UG BOS has been completed within the stipulated time. Remedial and Tutorial classes were taken as per requirements of the students.</p> <p>Internal assessment has been done following UG BOS instructions.</p>				

# Academic Plan & Action Taken

Session: 2022-23

<u>Academic Plan</u>				<u>Action Taken</u>
<u>Proposed date:</u>	<u>Nature of Event (Extension Lecture/ Seminar/ Webinar)</u>	<u>Name of the Resource Person &amp; Affiliation</u>	<u>Objective of the Event</u>	<u>Organized on</u>
<u>Mid of November,2022</u>	<u>“Student’s seminar on Stress Management”</u>	<u>The Students of Sem III of H.M.M. College For Women</u>	<u>Effectively demonstrating stress management techniques</u>	<u>29/11/2022</u>
<u>Ocotober,2022</u>	<u>Drama on “Psychological Disorders”</u>	<u>The students of Sem-V, Psychology Hons of H.M.M. College For Women staged drama on Psychological Disorders</u>	<u>To generate awareness on mental health and disorders among the participants.</u>	<u>02/12/2022</u>
<u>April, 2023</u>	<u>Gender Sensitization Programme</u>	<u>Sappho for Equality Organization</u>	<u>To spread awareness regarding gender issues</u>	<u>No event could be organized by the department during this session.</u>



# Academic Plan & Action Taken

Session: 2023-24

<u>Academic Plan</u>				<u>Action Taken</u>
Proposed date:	Nature of Event (Extension Lecture/ Seminar/ Webinar)	Name of the Resource Person & Affiliation	Objective of the Event	Organized on
10 <sup>th</sup> October, 2023	World Mental Health Day Celebration	The students of Sem-I, III, and V, Psychology Hons of H.M.M. College For Women	To generate awareness on mental health related human rights and reduce the stigmatization	12/10/23
December, 2023	ICT class on Stress Management	Faculty of the Department, Psychology	To discuss the concepts related to stress and health	06/12/23
April, 2024	Gender Sensitization Programme	Sappho for Equality Organization	To spread awareness regarding gender issues	Yet to be held

