**Curriculum Vitae**

Name: -                      Ms. Mitali Palodhi

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Personal Detail: -       Date of birth, 2nd January, 1958.

Husband’s Name: -   Mr. Santanu Palodhi

                                                              **Core Qualifications**

**Graduate Level**: -    B.Sc (Distinction) with Physiology, Zoology, Botany as Major from

  Calcutta University .

**Post Graduate Level**: - Post Graduate Diploma in Dietetics from All India Institute of Hygiene &

                                          Public Health, Calcutta University (Securing Second Position in Order of

                                          Merit).

                                          Masters in Dietetics and Community Nutrition Management with 1stClass

                                          from Vidyasagar University.

                                          Short Term International Course on

 “Food, Nutrition Programme Planning and Management” a FAO sponsored

 International Course run by the University of Philippines.

 Completed the Diabetic Educator Course from AIIH& PH, GOI.

Completed the” MAA” Course of Govt. of India and obtained the certificate as Infant & Young Child Feeding Counsellor

**Professional Training**

* Completed six months Internship from Dr. B.C. Roy Children Hospital, Govt of West Bengal.

Attended various professional Training in National and International Institutes like

   National Institute of Public cooperation and Child Development (NIPCCD),

               Min. of WCD, GOI, New Delhi, on Nutrition, in three phases.

  Extension Education Institute, Min. of Agriculture, GOI, Nilokheri, Haryana,

               on Nutrition Education Extension.

   Central Food Technological Research Institute, Mysore, GOI, on Applied

               Food Technology.

      Bhavan’s College, Mumbai on Food Microbiological Analysis of Food

* National Institute of Nutrition (NIN), Hyderabad on Nutrition, in two phases.

* BPNI, West Bengal, Unicef Kolkata on IYCF
* Trained as Infant and Infant and Young Child Feeding Counsellor from All India Institute of Hygiene and Public health , Min. of Health and Family Welfare, GOI, Kolkata

**Organizations Served/Serving**

* Child In Need Institute as Nutritionist
* West Bengal Council for Child Welfare as Nutrition Instructor
* Food & Nutrition Board, Min. of Women & Child Development,Govt. of India for 34 Yrs. as Demonstrator/Demonstration Officer,Gr.I. Incharge, Regional Quality Control Lab.
* Academic Counsellor of IGNOU (Masters in DFSM course)since 2010

Lecturer of Nutrition & Dietetics in Yoga Medical College.World Yoga Society

* West Bengal SACS as Master Trainer of Nutrition for the Counsellors of HIV/AIDS

                                                                           **Expertise**

* Worked for the last 35 years in the multifarious areas of Nutrition, especially in Govt. and     Non-Govt. sectors. The main areas of functioning are:

   Analysis of various Food Samples as per different specifications to ascertain the nutritional norms/quality of SNPs provided in ICDS projects.Formulation and   standardization of various recipes of SNPs for ICDS projects of Eastern and North-Eastern States.

  Analysis of samples of various preserved fruits and vegetables products as per Export and FPO specifications.

 Contributed in the booklet on complementary feeding, “Nutritious Recipes for Complementary Feeding of Infants and Young Children” brought out by Food and Nutrition Board, Min. of WCD, GoI, in 2008.

  Worked as Associated Member, National Nutrition Policy Review Committee set up by the Ministry of WCD, Govt. of India.

  Working experience as an Organiser and Resource Person of Community Nutrition Programmes in North East Region including Sikkim.  Organised several Consultative Meets on Micro Nutrients fortification of common food items and coordinated various Nutrition Extension Initiatives at the State and Regional levels.

 Imparted training on Health and Nutrition for District, Block and Field level functionaries of ICDS projects, NGOS

  Planning and management of Nutrition Programmes

  Master Trainer of Nutrition for Counselors and other officials dealing with PLWHA in WB SACS/GFATM (organized by Applied Psychology Dept, Calcutta University, Lucknow University and Viswa Bharati) for the HIV/AIDS.

    Designing IEC Materials on Nutrition

    Teaching Nutrition and Dietetics

    Nutrition Administration of FNB, E.R

                             **Attachment with other Professional Bodies**

* National Vice President of Indian Dietetic Association, a voluntary organization for more than fourteen thousands members who are Dietitians, Nutritionists & Food Technologists. organised the International Conference of Indian Dietetic Association (IDACON2017) as Conference Chairperson. Representative of Indian Dietetic Association in Asian Federation of Dietetic Associations.
* As National Vice President National of Indian Dietetic Association, Member of the     NetProFaN of FSSAI,Min. of Health and Family Welfare, Govt. of India. Convener of EAT RIGHT INDIA Movement, North East States.
* Life member of Indian Public Health Association.
* Life Member of DAY ( Diabetic Awareness and You)
* Life Member, Nutrition Society of India
* Secretary, Kolkata Society for Nutrition, Education and Health Advancement (Kolkata SNEHA)
* Member , Academic Council of Kolkata Empowerment Foundation
* Attached to Sri Ramkrisna Sarada Mission, Entally, conducted several Nutrition Awareness Programmes for Adolscents/Adults.
* Governing Body Member, CINI ( Child In Need Institute) ,CCRC.
* Advisor/Facilitator, Dept of Food and Nutrition , Hiralal Majumder college for women ( West Bengal State University).
* Member FAITH(Foundation For Actions and Innovations Towards Health Promotions),a Trust, working on One Health.

**Media Involvement**

* Regular Speaker of AIR, Kolkata/ DDK/Ramakrishna Sarada Mission.
* Participating in various forums of Ministry I&B,Govt. of India as Speaker on Nutrition.
* Writes articles on Nutrition and Dietetics in various News Papers, Health Journals

and Yoyona ( Journal of Publication Division, Govt. of India).